SEXUALITY AND FAMILY LIFE

Understands the anatomy and physiology of the male and female reproductive systems.
- Identifies the anatomy of male and female reproductive systems.
- Lists the primary functions of the male and female reproductive systems.
- Lists the secondary sex characteristics of puberty.
- Describes the emotional and physical changes of male and female puberty.
- Describes the hormonal regulation of the menstrual cycle.

Understands the process of human reproduction.
- Identifies reasons for abstaining from sexual activity.
- Defines conception/fertilization.
- Understands the process of conception/fertilization.
- Restates the definition of sexual activity and abstinence

Identifies aspects of a healthy relationship.
- Describes healthy relationship and unhealthy relationship.
- Identifies characteristics of a healthy relationship.
- Lists the different types of relationships.
- Differentiates short-term and long-term goals for maintaining healthy relationships.
- Discusses a variety of positive and negative peer pressures.
- Identifies how media affects one's values toward relationships (e.g., tv, ads, radio).
- Creates a response plan for cases of neglect, abuse, and violence in the home.

Recognizes the biological and cultural aspects of human sexuality and family life.
- Describes the influences and pressures to become sexually active.
- Identifies communication/refusal skills as they relate to responsible decision-making.
- Restates the definition of sexually transmitted infections (STI).
- Prepares a chart that lists STIs, including HIV and AIDS symptoms, treatments, and complications.

Recognizes gender differences, expectations, and bias.
- Defines sexual harassment.
- Lists ways to practice refusal skills using non-verbal and verbal tactics.
- Lists ways personal and family values affect gender discrimination, harassment, domestic violence, and abuses.

Identifies the lifelong responsibilities and requirements of parenthood.
- Understands the legal aspects of parenting (e.g., food, shelter, clothing, education, healthcare, child support, joint custody).
- Participates in a group activity on parenting (i.e., bowling pin baby, egg baby, flour baby).

DISEASE PREVENTION AND CONTROL

Recognizes behavioral factors leading to communicable diseases and have the knowledge to obtain proper care.
- Defines pathogens and immune system.
- Lists various types of pathogens and their effect on one's health.
- Identifies the immune systems response to pathogens.
- Describes the role of vaccines.
- Lists causes and symptoms of various communicable and non-communicable diseases, infestations, and infections (e.g., cardiovascular disease, cancer, diabetes, sexually transmitted diseases, hepatitis, meningitis).
- Identifies the treatment, prevention, and control measures for various communicable and non-communicable infestations, diseases, and infections (e.g., cardiovascular disease, cancer, diabetes, sexually transmitted infections, hepatitis, meningitis).
- Describes how heredity affects non-communicable diseases.
- Understands that abstinence is the only sure method of preventing pregnancy and STIs.

Understands health-promotion strategies and disease prevention concepts to become health-literate, self-directed citizens.
- Understands how behavior can impact health maintenance and disease prevention (e.g., hygiene, dental checkups).
- Describes family, peer, and community influences on the health of individuals.
- Lists the effects of environmental pollution on the health of the community.

Understands the effects of HIV and AIDS.
- Explains the meaning of human immunodeficiency virus (HIV) and acquired immune-deficiency virus (AIDS).
- Describes the effects of HIV and AIDS on the immune system.
- Describes the signs/symptoms of HIV and AIDS.
- Lists local community resources (e.g., American Red Cross, Centers for Disease Control).
- Describes how HIV and AIDS affects an individual's personal, social, and economic well-being.
- Lists behaviors and preventative measures to control the spread of HIV (e.g., universal precautions).

SUBSTANCE USE AND ABUSE

Differentiates appropriate and inappropriate use of chemical substances.
- Describes a lifestyle free of tobacco, alcohol, and other drugs.
- Differentiates legal and illegal drugs (e.g., alcohol, tobacco/cocaine, heroine).
- Lists the physical, financial, social, and psychological costs of an addiction.

Understands the holistic effects of drug use on the mind and body.
- Identifies the possible effects of using legal and illegal drugs.
- Identifies the possible effects of combining legal and illegal drugs.
- Describes possible consequences of drug misuse/abuse (e.g., read warning labels, instructions, possible drop in grade, socialization).
- Practices strategies for decision-making and refusal skills dealing with drug use (e.g., skit writing, role playing).

Makes informed decisions regarding the use of drugs based on knowledge of its effects on the individual and society.
- Describes the effects of drugs on the job and sports performance.
- Lists the possible impact of drug use on crime, disease, family, and peers.
- Describes the effects of substance abuse on a pregnant woman and her unborn child.
- Lists the effects on passengers when the driver is impaired by alcohol/drugs.
- Recalls the effect media has on forming one's values towards the use of alcohol, tobacco, and other drug misuse/abuse.
- Lists community resources to seek treatment for problems with addiction.
- Describes the relationship between personal choices and consequences.
- Understands and practices the skills needed to avoid risk-taking behaviors (e.g., decision making, conflict resolution, refusal skills.)

HEALTH STANDARDS GRADE 7